

September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 3:15pm-4:30pm Video Session 3-5-2 Learning	2
3	4 NO TRAINING Labor Day	5 3:15pm-4:30pm Field Training Core/ SAQ	6 3:15pm-4:30pm Field Training Ball work	7 3:15pm-4:30pm Field Training Shooting/ Goalkeeping	8 3:15pm-4:30pm Video Session 3-5-2 Learning	9
10	11 NO TRAINING	12 3:15pm-4:30pm Field Training Set plays	13 3:15pm-4:30pm Field Training Set plays	14 3:15pm-4:30pm Field Training Small sided	15 3:15pm-4:30pm Video Session Open/ EPL match	16
17	18 NO TRAINING	19 3:15pm-4:30pm Field Training Core/ SAQ	20 3:15pm-4:30pm Field Training Ball work	21 3:15pm-4:30pm Field Training Shooting/ Goalkeeping	22 3:15pm-4:30pm Video Session UNC Women	23
24	25 NO TRAINING	26 3:15pm-4:30pm Field Training Defensive habits	27 3:15pm-4:30pm Field Training Defensive habits	28 3:15pm-4:30pm Field Training Defensive habits	29 3:15pm-4:30pm Video Session Open/ EPL match	30

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